

Reasons to Get the FLU SHOT



- 1 The flu is highly contagious and can be dangerous.** Even for those who are healthy and active.
- 2 The flu shot is safe! You can't get the flu from the shot.** The flu vaccine helps your body produce antibodies that protect you from the flu.
- 3 Your shot may be FREE!** Both **Medicare** and **TRICARE** (Military) pays for the flu shot.
- 4 You can get the flu shot any time during flu season** (typically October-March).
- 5 Finding a flu shot provider is simple and easy!**
To find a clinic in your local area, call **1-800-277-4687** or visit the SC DHEC Flu Clinic Finder online at **www.scdhec.gov/flu/clinics.asp**.
- 6 Your doctor recommends preventing the flu.** Get a flu shot every flu season to stay healthy.

South Carolina Coalition for Older Adults
IMMUNIZATION

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for Medical Excellence
Improving health care quality since 1983

www.scdhec.gov/flu
1-800-868-0404



protect *yourself.*
protect *your family.*
prevent the flu.